

REDONDO BEACH YACHT CLUB

September 2009

Volume 3 Issue 9

Sail Tails

From the Helm

Mike Devine & Toni Denton
Editors

Calendar of Events



Every Friday
Night is Fun
Friday at the
clubhouse.



September 18th –
Fish Friday



September 19th
Cruise to Catalina



October 3rd –
Oktoberfest Full
German Dinner
October 10th –
Oktoberfest Light
German Dinner



October 17th -
Frank Guernsey
Singlehanded
Challenge

For more details/event
Information, go to:
www.redondobeachyachtclub.org

COMMODORE'S MESSAGE

Although Our Horizon Series Racing is quickly coming to an end, we still have plenty of racing left. The King/Queen of the Evenings race is on September 15, with several races in both October and November.

With fall approaching and the kids back in school, we can fill our calendars with Racing and Social activities as well. September brings the much-awaited “Italian Dinner” prepared by our Board Members.

Fun Fridays and Craig’s Famous Fish Fry’s continue and we look forwards to seeing you there.

As fall being a time of giving thanks, I would like to acknowledge and say “thank you” to our dedicated volunteers who graciously give of their time to better your club experience.

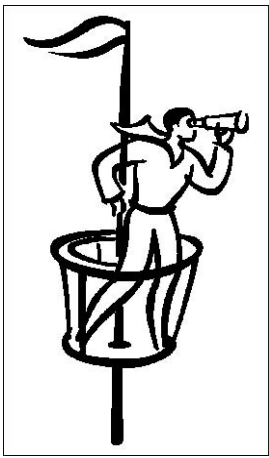
Come down to the Club and enjoy the benefits of your membership.

How much does it cost for a pirate to pierce his ears?
A buck an ear!!! Aaaarrgh!

Ron Cotta
Commodore

RACING NEWS by John Ellinwood

The John Parker Memorial Race and the party that followed at RBYC was outstanding - music, vocalist and lively Lynn Parker - and food. The race was, er, experimental. We had adequate participation (11 boats), but I sent all boats on a 15-mile course in an average 9-10 kt wind.



Rants & Rumors

Please submit
your rants or
rumors for this
space. Send your
ideas to
Islatoni53@yahoo.
com

All of the A and B class boats finished within 3 hrs, but all three non-spinnaker boats missed the 4-hr cutoff, despite the mostly reaching course. Since one of the finishers described the course as boring, I intend next year to keep the legs on the south side of the course so they don't have to sail across the Redondo Canyon.

Last Tuesday was the last of our perennially successful Summer Series, well, next to last if you count the invited race for the King and Queen of the Evenings - and you should count it because this year I will start all comers five minutes after the invitees to this royal tournament. The award ceremony last year was hilarious.

I am pleased to announce that next year's calendar is set, with the inaugural Redondo Beach Series included. Also, RBYC members Al Castillon, Albert Solbes, Ana MacKenzie and Ross Moore have been nominated for the ASMBYC Championship (last weekend in Sept.). Also RBYC is proud to be able to send a team to the new Inter-Harbor Challenge Regatta on Oct 4. KHYC is also sending two or three teams. The winner is the harbor with the better teams. Our Team is headed by Al Castillon (Hot Rum) and Mark Keller (Janina).

From the above it would seem that the racing season is over. Far from it. Remaining in '09 at RBYC are four more:

OCT 17 - Frank Guernsey Single-Handed Challenge. We get competitors from all over the Santa Monica Bay.

OCT 31 - the Castillon Classic - Race 1 of the 3-race Fall Series (these start at 1500 hrs)

NOV 14 - Turkey Shoot - always popular since the trophies are frozen turkeys

NOV 28 - Last Call of Fall finally ends this season, although KHYC has a Xmas Regatta 12/5

Join us.

John





Frank Guernsey Single Handed by Mary Guernsey

REMINDER:

The Solo Sailor

Have you ever SOARED with wonder or taken the JOURNEY of a Lifetime? It's the moment of JOY, of ELATION, of AWE. The SOLO Sailors journey is learning everything there is to know about sailing the World.

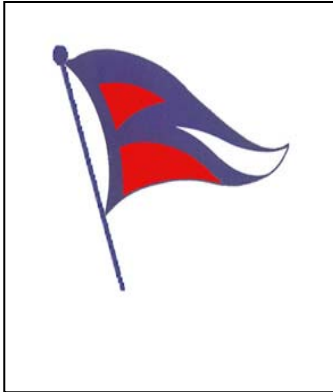
You are cordially invited to The Frank Guernsey Single-Handed Challenge Race on October 17th with special Guest Speaker "Zac Sunderland", the (now 2nd) youngest American to SOLO circumnavigate the World, and for entertainment we have Grammy nominated "Kim Richmond" and his Jazz Ensemble. The flyer is attached and also posted at the club.

I look forward to seeing you.

Mary Guernsey

Membership by JSC, Mike Devine

At the present time, our club has a total membership roster of 72 members. Most of these are regular full paying members some are "Fleet" members and three are Honorary. Generally, our membership roster has been holding up pretty well. We have had a few who have dropped out for economic reasons and some who are in arrears on dues. We sent out some notices last month and now we are beginning to see some of these arrearages being caught up. We hope to see more in the future. Our Fleet membership program is proving to be our best source of new members for the club. King Harbor Marina sponsors



new tenants in the marina to membership in our club by allowing a \$100 discount on slip rental for a one year introductory membership in the club. We have brought in 3 or 4 new members this way in just the past two months. We hope this keeps up and will lead to more full paying membership going forward.

ELECTIONS FOR 2010

It is that time of year again to begin the process of nominating candidates for next year's Bridge Officers and Board of Directors. The nominating committee was formed at last month's board meeting, Jr. Staff Commodore, Mike Devine as chairman, is being assisted by S/C Don Laverty and Director Mike Verla. Already they have compiled a sizable list of potential candidates for these positions. If any member would be interested in "throwing their hat in the ring", please contact any of the above three parties for further information on how to get involved.

Mike

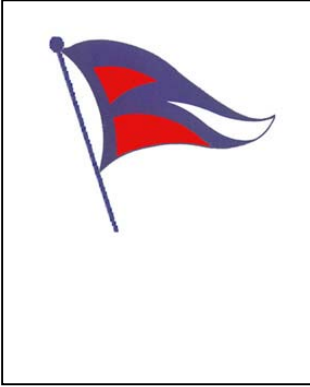
UPDATE ON THE FLU SEASON 2009/2010 by Jill Lindsey, Fleet Surgeon

As if the question of whether to get a flu shot or not is confusing enough, this upcoming season is even more baffling. Why you ask?

Well this season, the CDC (Center for Disease Control, and Bible on all things contagious), is concerned about two different kinds of flu. The one that has grabbed the recent headlines especially in the Southern Hemisphere when they were in the grip of winter was the H1N1 or "Swine Flu." The high risk groups for this flu are very young children, pregnant women, caregivers of young children and others, and those who have a history of other chronic health problems. Not to mention healthcare workers, EMTs, police, firemen etc, who deal with the general public.

So this year, if you are in the high risk groups mentioned above, the CDC is recommending that you receive the flu shot for Swine Flu (a





Series of 2). The last estimate is that the vaccine should be available around the beginning to mid-October. The peak flu season is Jan-March, so it is good to get the shots early enough to build up some immunity.

For those susceptible to the usual winter colds turning-into-bronchitis and the like, you should receive the seasonal flu shot.

As always, check with your MD if you have any health concerns and questions before you take any medications.

And remember, the best preventative measure is WASH YOUR HANDS !!!!!!!

Here's hoping that everyone has a Flu Free Winter! Stay healthy everyone!!

Jill Lindsey RN
Fleet Surgeon

RBVC vs. KHYC – Game Night

By Kathi Sheridan, Vice Commodore & Julie Schulte

LET'S GET READY TO RUUUMMMMMMMBLE!!!!!!!!!!

That's right! It's that time again to put your game face on and kick some serious King Harbor Yacht Club Butt!

Mark your calendars for September 26th and come out and join us for Game Night at KHYC.

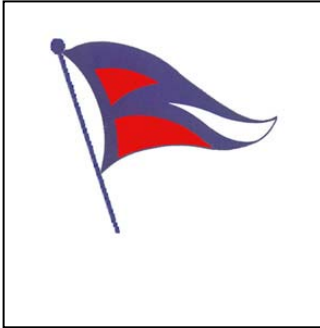
We will be playing Mexican Train (which was a big hit last time), Texas Hold'em, Wii games and much more.

Gaming starts at 6pm and please remember to bring a little snack to share.

Hope to see you there!

V/C Kathi Sheridan & Julie Schulte





UPCOMING EVENTS by Bruce & Susan Neighbors, Social Committee Chairs and Craig Miller, Rear Commodore

September 19th – Cruise to Catalina

Two Oktoberfest events in October

First event Oct 3, full German Dinner (\$15), plus special drink offer, purchase a liter German Mug for \$20 and receive free refills all that evening for the original purchaser. Please contact Craig Miller (310 - 697-9414).

Second event Oct 10, Light German Dinner (\$9), plus special drink offer, purchase a liter German Mug for \$20 and receive free refills all that evening for the original purchaser. Please contact Craig Miller (310-697-9414).

Also stay tuned for the time and date for this year's "Mystery Cruise" in October. Last year it was a real mystery, this year everyone knows what happens or at least those who attended. Last year's mystery cruisers raved about the event and demanded another one this year. Don't miss out this year. The event lasts about eight hours. We'll have lots of smooth water time and some neat events.

A Wine Tasting and dinner event is being planned. If interested, please contact Craig Miller (310 -69-9414).

Stay tuned for time and date of Pizza Making Class (Susan Neighbors) in November.

